Appendix 3E

Cycle of Socialization

**First Socialization**

Socialized: Taught on a personal level by parents, relatives, teachers, people we love and trust; shapers of expectations, norms, values, roles, rules, models of ways to be, sources of dreams.

**Institutional and Cultural Socialization**

Reinforced/bombarded with messages from institutions: churches, schools, television, legal system, mental health, medicine, business.

On conscious and unconscious levels:
- Enforced
- Sanctioned
- Stigmatized
- Rewards and punishments
- Privilege
- Persecution
- Discrimination
- Empowerment

**Core**

Fear
Ignorance
Confusion
Insecurity

**Results**

Dissonance, silence, anger, dehumanization, guilt, collusion, ignorance, self-hatred, stress, lack of reality, horizontal violence, inconsistency, violence, crime, internalization of patterns of power.

**Actions**

Do nothing
Don’t make waves
Promote status quo

Change
Raise consciousness
Interrupt
Educate
Take a stand
Question
Reframe

**Direction for Change**

Source: Cycle of Socialization developed by Bobbie Harro
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