Roots and Ripples - Eco-Change Reflection

Assignment: To research, design, instigate and reflect on a significant eco-change.

Pre-change Report

What is the unsustainable habit you will change?

What exactly will you do differently?

Specific goals and timeline:

From both an ecological and personal perspective, what data justifies your eco-change?

What belief or values contribute to the unsustainable habit?

What structures/values might encourage the sustainable habit?

What obstacles might you face culturally and personally?

What supports do you have that will help you to make this change?

What are the specifics of your plan? (steps, materials needed, etc.)

What benefits do you hope to achieve with this change? What problems do you anticipate?

Post – Eco-Change Report

Report on the specifics of your change.

What struggles and rewards were presented?

What supports or strategies helped?

How can you improve your change?

Tell the actual or possible ripple effects (positive and/or negative) of your eco- change.

Will you continue it? Why or why not?

You can write this as a report or be creative with form. Make sure to connect your reflection to themes in class. Put your eco-change in ecological context

Ideas for a Creative Form \_a story – a long poem, short film, poster or pamphlet, slideshow, a cartoon or zine, a reality show, other?