

Contemplation For Social Justice Day

A Space for contemplation
and reflection as a
foundation for social justice

*Park Blocks
Amphitheater*

*June 10th
9 AM - 3 PM*

If you need special accommodation, please
feel free to reach out to Dr. Neera
Malhotra at- necram@pdx or directly to
the Disability Resource Center.

Food, Art, Poetry, Listening table
available all day!



10:30 - 11 am
Open space

11:45 - 1 pm
Living yoga
Trauma Informed
class

1:30 - 2pm
Unfold
Mindfulness
practice

2:30 - 3 pm
Crystal Sound
Healing by Laura
Yee

9 am - 10:30
UNST-
Human/Nature
Social Justice
listening Circles
& Practice

11 - 11:40
Rec center yoga/
meditation

1 - 1:30pm
Dhuhr prayer/
open space

2 - 2:30
Music: Zachary
Schleiker &
Sebastian
Arrastia



Facilitated by University Studies- Human/
Nature students. Supported by:

