Final Reflection Winter 2011

* Part 1)
* At the start of the course, I asked you to write down what you knew about breastfeeding (scientifically) and your opinions about breastfeeding. After taking this course—what kinds of things have changed for you with respect to this topic? What do you know now that you didn’t before? Do you have thoughts, feelings, opinions about breastfeeding and related issues that are different now than they were a few months ago? How will the information shared and work you have done in this class affect you in your future?
* Part 2)
* Capstone courses are developed around four goals: critical thinking, social and ethical responsibility, communication, and diversity of the human experience. I would like you to reflect on what you have learned in this course with respect to the communication goal. In what ways have you developed communication skills and/or your understanding of the role of communication in an issue such as breastfeeding? (Think about the aspects of the work you have completed for this class and the topics we have discussed, etc.) How will you use these skills in your future?