

Course Calendar

DATE	TOPICS	READINGS & ACTIVITIES <i>Complete before Thursday Zoom class</i>	ASSIGNMENTS <i>Complete by 11:59PM</i>
<p>Module 1 Mon-Mon) 1/4 - 1/11</p> <p>Zoom Class Thursday 1/7 10:30am- 11:30am</p>	<ul style="list-style-type: none"> ● Concept and Mission of Public Health ● Your Role as an Agent of Change 	<p>Review the following Modules: Course introduction, course documents and Community-based Learning.</p> <p>Read Topic overview and Required Readings & Activities</p> <ul style="list-style-type: none"> ● Read Prologue of the book <i>What the Eyes Don't See</i> ● Watch Unnatural Causes: In Sickness & in Wealth. (56 min) or listen to a variety of podcasts/read transcripts ● Listen: Scientists Start To Tease Out The Subtler Ways Racism Hurts Health (6 min) ● Read the <i>Lorax</i> or watch a video reading of the book <p>For non-public health majors:</p> <ul style="list-style-type: none"> ● What is Public Health? (18 minute video lecture from your instructor) 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> ● First Post Due Thursday 1/7 11:59PM ● Two Replies Due Monday 1/11 11:59PM

		<ul style="list-style-type: none"> Public Health Terms and Definitions (17 minute video from your instructor) 	
<p>Module 2 1/11 - 1/18</p> <p>Zoom Class Thursday 1/14</p>	<ul style="list-style-type: none"> Social Determinants of Health (SDOH): ACEs and health outcomes SEM and changes to address toxic stress 	<ul style="list-style-type: none"> Read Ch. 1 of What the Eyes Don't See Watch: Childhood Trauma Across a Lifetime (20 min) Review ACEs infographic Read Interview with Researcher: Positive Childhood Experiences The Socioecological Model & SDOH (18 minute video from your instructor) Unnatural Causes and Causes of Causes: Video from your instructor (18 minutes) 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> First Post Due Thursday 1/14 Two Replies Due 1/18 <p>Project Proposal Due 1/18</p>
<p>Module 3 1/18-1/25</p> <p>Zoom Class Thursday 1/21</p>	<ul style="list-style-type: none"> Agency & Community SDOH 	<p>Read Topic overview and Required Readings & Activities.</p> <ul style="list-style-type: none"> Read Ch. 2-5 of What the Eyes Don't See Read one or more articles posted on D2L Inspire to Action (choose one) 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> First Post Due Thursday 1/21 Two Replies Due 1/25

<p>Module 4 1/25-2/1</p> <p>Zoom Class Thursday 1/28</p>	<ul style="list-style-type: none"> • Social Determinants of Health: Resiliency and Communities • Social, Physical and Policy Environments • Public Health as a Field of Science 	<ul style="list-style-type: none"> • Read Ch. 6-7 of What the Eyes Don't See • Skim Read <u>Community and Resilience report</u> • Read <u>To Confront Effects of Trauma</u> article • Read <u>The Future of Healing by Ginwright</u> • Optional Play <u>Community Resilience Game</u> 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 1/28 • Two Replies Due 2/1
<p>Module 5 2/1 - 2/8</p> <p>NO ZOOM CLASS 2/4</p>	<p>Advocating for Policy Change</p> <p>Virtual check-in with instructor</p>	<p>Read Ch. 8-9 of What the Eyes Don't See</p> <p>Read Topic overview and Required Readings & Activities</p> <ul style="list-style-type: none"> • Watch: <u>Five Steps to Being an Advocate</u> (7 min) • Review: HP 2030 website page on SDOH 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 2/4 • Two Replies Due 2/8 <p><i>No Zoom class.</i></p> <p><u>Schedule a time to meet with your instructor</u></p> <p><u>Mid-term reflection due 2/8</u></p>

<p>Module 6 2/8 - 2/15</p> <p>Zoom Class Thursday 2/11</p>	<p>Organizing for Change</p> <p>Virtual check-in with instructor</p>	<p>Read Ch. 10-12 of What the Eyes Don't See Read Topic overview and Required Readings & Activities</p> <ul style="list-style-type: none"> • Read/Listen How to Fight for you Community • View: Community Organizing PPT on D2L 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 2/11 • Two Replies Due 2/15
<p>Module 7 2/15 - 2/22</p> <p>Zoom Class Thursday 2/18</p>	<p>Building Effective Coalitions for Health</p> <p>Environmental Justice</p>	<p>Read Ch. 13-15 of What the Eyes Don't See Read Topic overview and Required Readings & Activities</p> <ul style="list-style-type: none"> • Read: Leading Change in Practice (PDF) • Read: A City's Lifeblood • Listen: Episode 205 Racism As a Public Health Crisis (Environmental Justice: 18 min) 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 2/18 • Two Replies Due 2/22
<p>Module 8 2/22 - 3/1</p> <p>Zoom Class Thursday 2/25</p>	<p>Media Advocacy & Public Health</p>	<p>Read Ch. 16-19 of What the Eyes Don't See Read Topic overview and Required Readings & Activities</p> <ul style="list-style-type: none"> • Watch: Our fight for disability rights (17 min) • Read: Public Health and Media Advocacy 	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 2/25 • Two Replies Due 3/1
<p>Module 9 3/1 - 3/8</p>	<p>What the Eyes Don't See</p>	<p>Read Ch. 20-24 of What the Eyes Don't See Read: Flint Legionnaires' Disease Survivors Speak Out: 'Every Day Is a Challenge' (Updated)</p>	<p>Discussion Questions:</p> <ul style="list-style-type: none"> • First Post Due Thursday 3/4

Zoom Class Thursday 3/4		Read: Wells tells Flint court she had no duty to warn public of Legionnaires' outbreak	<ul style="list-style-type: none"> • Two Replies Due 3/8 Pechakucha Video Presentation due 3/8, replies due 3/10
Module 10 3/8 - 3/15 Zoom Class Thursday 3/11	Reflection of University Studies Goals and Current or Future Roles as Change Agents	Read Ch. 25-26 and Epilogue of What the Eyes Don't See	Discussion Questions: <ul style="list-style-type: none"> • First Post Due Thursday 3/11 • Two Replies Due 3/15 Final Reflection Paper due 3/15

Your instructor reserves the right to change the course schedule and/or assignments with reasonable notice. If you have any obstacles in your learning due to illness, technology access, family needs, employment changes, or anything else related to COVID-19, please communicate with me or [PSU](#) for individual assistance. We are here to help our students through these uncertain times.